

Lauren Sowa

AEA / SAG-AFTRA
www.laurensowa.com

Agent
U-Shin Kim
ushin@ugatalent.com
917-907-4663

UGA
T A L E N T

TELEVISION

| | | | |
|--------------------------|---------|-----|----------------|
| THE PLOT AGAINST AMERICA | Co-star | HBO | Tommy Schlamme |
|--------------------------|---------|-----|----------------|

FILM

| | | | |
|-------------------------|------------|-----------------------|------------------|
| PARIS IS IN HARLEM | Supporting | Writers Improv Studio | Christina Kallas |
| THE RAINBOW EXPERIMENT | Supporting | AllieCiné | Christina Kallas |
| THE DEVIL'S WELL | Lead | Invasive Image | Kurtis Spieler |
| 42 SECONDS OF HAPPINESS | Lead | AllieCiné | Christina Kallas |

REGIONAL THEATRE

| | | | |
|---|-------------------|-----------------------------|-------------------|
| The Importance of Being Earnest | Gwendolen Fairfax | Walnut Street Theatre | Bob Carlton |
| Private Lives | Sibyl | Walnut Street Theatre | Bob Carlton |
| Noises Off | Poppy | Walnut Street Theatre | Frank Anzalone |
| Harvey | Nurse Kelly | Walnut Street Theatre | Bob Carlton |
| Othello (<i>w/ Forrest McClendon</i>) | Desdemona | Philadelphia Shakes Theatre | Carmen Kahn |
| All's Well That Ends Well | Diana | Alabama Shakespeare Fest. | Geoffrey Sherman |
| Emma | Emma | Lantern Theater Company | Kathryn MacMillan |
| The 39 Steps | Woman | Surflight Theatre | Toby Shaw |
| Red Velvet | Ellen Tree | Lantern Theater Company | Peter DeLaurier |
| Cymbeline | Imogen | Opera House Arts | Julia Whitworth |
| Much Ado About Nothing | Hero | Philadelphia Shakes Theatre | Domenick Scudera |
| Hamlet | Player Queen | Alabama Shakespeare Fest. | Geoffrey Sherman |
| Romeo and Juliet | Juliet | North Carolina Shakes Fest. | Steve Umberger |
| Wait Until Dark | Susy | Seacoast Repertory Theatre | Dan Beaulieu |

TRAINING

NYU's Tisch School of the Arts, BFA, Drama

Studios: The Meisner Extension, The Classical Studio, PHTS

Acting: Vicki Hart, Nate Flower, Kevin Spacey, Tim Carroll, Louis Scheeder
Voice: Donna Germain, John Van Wyden, John Ruocco, Allison Leyton-Brown
Ukulele: Alex Sovronksy, Bantam Studios
Dance: BDC, Steps, Koresh, Jeannette Neill
On Camera: Bob Krakower Heidi Marshall
Combat: David Brimmer (Unarmed, Single Sword)
Improv: **Upright Citizens Brigade**
Level 101-401, Currently in Advanced Study

SKILLS

Dance: Contemporary, Jazz, Ballet, Tap; Singing: Soprano; Instruments: Ukulele, Piano
Dialects: British RP, Irish, Soft-R Southern, German, Russian, Scottish